

CENTAURUS ICE SKATING CLUB INC.

Centaurus Club Championships

We are now counting down to this event to be held on Sunday July 17 th . Depending on entries there may also be a session on Saturday July 16.

Entry Forms

Will be available soon from the rink or downloaded from the club website. All skaters competing in Elementary or above must have a current TC registration with the NZISA and a current club membership.

Kiwiskate competitors must have a current Centaurus membership and all other skaters must be a member of a club affiliated to NZISA.

Make sure you have your entry in before the closing date otherwise you may be charged a double entry fee. It also helps the club to plan to use the ice efficiently.

Help Wanted!!

If you can spare some time on the day to help with running this event the club would very much appreciate this. We always need volunteers to help with setting up at the beginning of the day, and during the day to do duty on the door among other things. If you can help even for an hour or two, please leave your name with a committee member.

Annie's Edges Workshop

A warm Dunedin welcome awaited those hardy souls who ventured south for this workshop run over Anzac weekend. Yes it was snowing as some were still driving over the Kilmog Hill north of Dunedin and those who were foolish enough to be staying in the hill suburbs woke up on Sunday morning to find several cm of snow and hail covering the roads. Luckily the 8am start meant that we got on the roads before too much traffic so the trip out to the rink was uneventful.

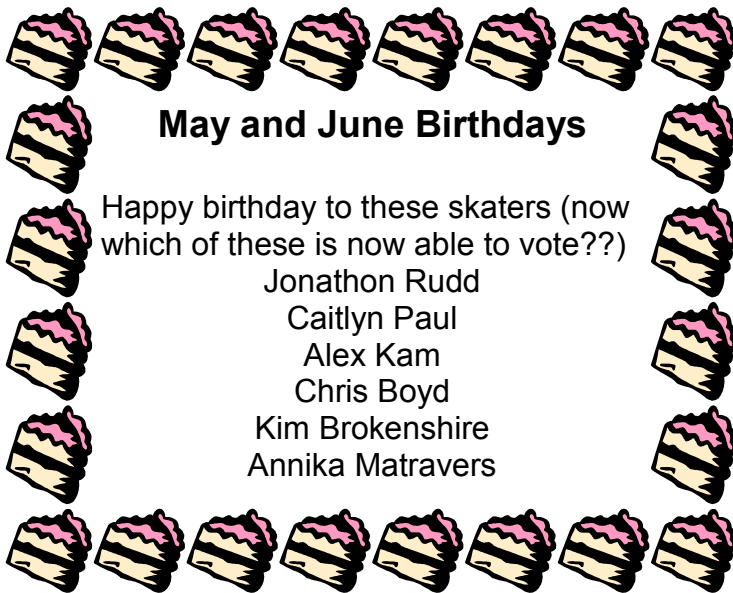
Anne Schelter organised the groups of 20 or so skaters plus coaches quickly and efficiently and the ice was soon covered by skaters practicing edge routines to music. Enjoyable to watch and over the four sessions the basic skills were extended.

Most skaters improved over the time and were challenged by the steps demonstrated.

In between the morning edges sessions and the evening theatre on ice sessions a variety of workshops included topics on nutrition, ballet, pilates and sports psychology.

Most of our skaters took the opportunity to participate, although some in tertiary study were unable to go, due to study commitments. Thanks to NZISA for sponsoring this and to the Dunedin club for their organisation of the additional workshops.

The Dunedin rink has certainly been worth waiting for. The ice was very good to skate on and I can't say that I have ever seen such a recent model Zamboni. However the essential temperament of the beast appears unchanged, and it retired to sulk on at least one occasion!



May and June Birthdays

Happy birthday to these skaters (now which of these is now able to vote??)

- Jonathon Rudd
- Caitlyn Paul
- Alex Kam
- Chris Boyd
- Kim Brokenshire
- Annika Matravers

New Members

Welcome to Crystal Campbell.

Skater Wanted

A Dance Pair partner and /or Freeskating Pair partner is wanted. If interested please see Kevin Poit either at the rink or by contacting him by email at sk8coach@xtra.co.nz

TEST PASSES 7th APRIL

| | | | |
|-----------------|-----------|-------------|--------------|
| Ayesha Campbell | Figures | Preliminary | Recreational |
| Chris Boyd | Figures | Preliminary | Recreational |
| | | | |
| Kanako Johnson | Stroking | Elementary | Standard |
| Ayesha Campbell | Stroking | Elementary | Standard |
| Richard Kam | Stroking | Elementary | Standard |
| Kanako Johnson | Stroking | Preliminary | Standard |
| Alex Kam | Stroking | Preliminary | Standard |
| Michelle Whelan | Stroking | Gold Star | Standard |
| Anna deVries | Stroking | interbronze | Standard |
| Alanna Pollock | Stroking | Silver | Standard |
| Michelle Whelan | Stroking | Gold Star | Standard |
| | | | |
| Cushla Smith | Stroking | Elementary | Standard |
| Cushla Smith | Freeskate | Preliminary | Masters |
| | | | |
| Ayesha Campbell | Freeskate | Elementary | Standard |
| Richard Kam | Freeskate | Elementary | Standard |
| Alex Kam | Freeskate | Preliminary | Standard |
| Chris Boyd | Freeskate | interbronze | Standard |
| Caitlyn Paul | Freeskate | Silver | Standard |



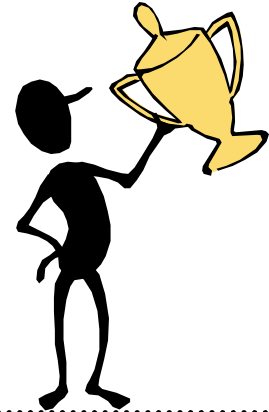
Fundraising Raffle

As part of club championships it is hoped to run a raffle. This will be in the form of a gift basket. We ask that skaters please donate something for this basket. Donations can be given to Caitlyn Paul at the rink.

Centaurus Club Trophy Return

It is the time of year for last years trophy winners to

- Find the cup
- Get it engraved if you have not already done this
- Clean and polish it.
- Take it back to the rink for Caitlyn to collect.
- Do all this before June 22nd.



Silver Torque Report

The team have been practising well over the past month or so. Many team members went to Dunedin for the Annies Edges workshop and returned with renewed motivation. Straight after this the team was very lucky to train with some visiting Australian synchro skaters and their coach from Brisbane. They are from the winning Australian Synergy team which has made it to the world championships four times. Kathy Hammond (coach) , Skyle Murphy and Anne Thoroughgood helped at both on and off ice sessions to improve our teams performance and gave them many new things to try, including new dance routines, lifts and general synchro skills. Their enthusiasm and encouragement was much appreciated by our team. Thanks to Ann who organised this at the last minute, and thanks to the Aussies who braved rain, hail and snow on their trip across the ditch.

Becoming a Better Competitor

Just before the first competition of the season most of our skaters are working hard to perfect their routines to do their best in the club championships. It is worth remembering a few things about competitions.

It is always good to win but there will always be more losers than winners. If you have won, you should enjoy your success but think about how it might feel for the other skaters. If you have not done as well as you might have wished, then congratulate the winner and let them enjoy the moment.

Do not criticise the judges. They have judged according to rules which you may not yet understand.

You may not always skate as well in competition as you know you can in practice, but you can always be polite and pleasant to other skaters and to officials. Others will remember how you behaved long after they have forgotten how you skated.

No one wins all the time (not even Michelle Kwan) and you will appreciate a win more if you have to wait for it.

So go out, do your best, good luck and heres to some great competition from some great competitors!

Club Noticeboard.

Don't forget to check this for information on upcoming events. It is located in the coffee shop. It currently has notices about Hollins Trophy (in Sydney) and nationals.

Tracksuits

As the year progresses there are several skaters who have enquired about club tracksuits. We hope to place an order soon so that those going to South Islands and Nationals will have them in time.

Please contact Trina Waugh at the rink or ph 352-0187 to order.

CISC

PRESIDENT ; Eric Apperley
 SECRETARY ; Ina Paul
 Newsletter Editor : Dorothy Brown Contact at dbn@lincoln.school.nz.
 Contributions for the newsletter are welcome, (including skating items for sale.)

Centaurus Ice Skating Club (Inc)
PO Box 30041
Christchurch

2005 CENTAURUS ICE SKATING CLUB FIGURE SKATING CHAMPIONSHIPS

EVENT SPONSORSHIP AGREEMENT

VENUE: ALPINE ICE SPORTS CENTRE
 405 BROUGHAM STREET
 CHRISTCHURCH

DATE: 16th/17th July, 2005

I/We agree to pay the sum of \$50.00 (fifty dollars) for sponsorship of an event in the above championships.

In return for sponsorship the Centaurus Ice Skating Club agrees that:

1. You will have naming rights to an event e.g.
 <Your name> - Junior Ladies Freeskating
2. This will be shown in the programme as such and will be used in announcements over the public address system.
3. You will receive two complimentary passes to attend the championships.
4. You will have the opportunity to present the trophy for the sponsored event.
5. You will have the opportunity to be involved in a healthy exciting sport.

(N.B. Barrier Advertising may be available by negotiation.)

AGREEMENT

| | |
|----------------------------|-------------------|
| Name: | Contact Person: |
| Address: | Contact Phone No: |
| Phone No: | |
| Signature: | Date: |
| Receipt Required (Yes/No): | |