

CENTAURUS ICE SKATING CLUB INC.

We are now leading up to the start of the competition season. Frosts in the morning, snow on the foothills, nice fine days after dark cold mornings all mean that winter is here.

Club Championships are looming on Saturday and Sunday July 1st and 2nd. Time for skaters to polish up their routines, time for the last sequins to be sewn on and time to consider how you can help to make the competition run smoothly. There are always requests for helpers to set up the judging stand, assist with marshalling and door sales, and with catering. If you or any of your family or friends can help, please contact any committee member (and enjoy the expressions of undying gratitude!).

If you are competing for the first time and need a costume the club has a supply for sale. Please see Trina Waugh to view the selection.

We also need **sponsors** for the Club Championships. If you or someone you know can sponsor an event, the form appears on page 4.

Selection Competition.

This event took place on one of the warmest days on record for this time of year. Hard to recall now, but the nor'wester was in full flight. Nervous competitors arriving at the rink were not encouraged to see the full assembly of technical and judging trainees who, at times, outnumbered the audience!

Performances followed more quickly than anticipated without the reading of judges scores that we have become used to. Instead there was a quick collection of sheets before the next skater. It would be gratifying to report that there was some good skating but unfortunately most skaters were well below their best and falls seemed to be a required element. Not too surprising as it is only the start of the season.

Congratulations to these skaters named to attend Hollins Trophy or Australian State Championships: Iain Pollock, Caitlyn Paul, Juliette O'Neill, Samantha Waugh, Alex Kam, Jessie Park, Madelaine Parker and Richard Kam.

The club used their recently purchased cd player and the sound system proved to be the best performer of the day. Thanks to Evelyn Brown who managed the music playing and announcing. Let's hope the days of the music stopping mid track or of not starting at all are over.

Here as promised is a recipe to help use up those caramello bars left over from the fundraising.

Warning : before you start, check out the chocolate supply. It is amazing how chocolate can disappear into thin air if stored in a pantry...

Caramello Chew.

125 g butter
 ¾ cup brown sugar.
 Melt together then add
 2 eggs
 1 tsp vanilla essence
 1 cup flour
 1 tsp baking powder

This will make a stiff mixture. Now add 2 of the fundraising sized bars (100 g) broken up into individual pieces.

Put into a small slice tin covered with baking paper.

Cook for 10 to 15 mins at 180 c.

Cut into pieces while still warm.

This recipe is so easy that any skater can make it. If your caramello supplies are low, Trina can sell you some more!

Birthdays

Happy Birthday to these skaters

- Charlotte Dawson
- Caitlyn Paul
- Alex Kam
- Annika Matravers

Chocolate Fundraising

Trina Waugh still has some boxes left to sell. We would like to finish up this project as soon as possible, so please, if you have not already done so, sell your boxes and return the money to Trina. It also would be helpful if those who have not already saturated their market could take another box or two. Trina can often be found at the rink!

Dates for your diary

Centaurus Club Champs	1-2 July
South Island Champs	11-13 August at Queenstown
Nationals	18-22 Sept at Botany Downs Auckland.

Club Squads

The club has been granted funding from the Lion Foundation to help run the Monday morning squads. We are very grateful for this.

PRESIDENT ; Cathryn O'Neill
 SECRETARY ; Ina Paul
 Newsletter Editor : Dorothy Brown Contact at dbn@lincoln.school.nz. Contributions for the newsletter are welcome, (including skating items for sale.)

The New Judging System.

We have seen it at the Olympics, we've heard it's coming, and now it has appeared at a rink near you.

Sandra Williamson-Leadley presented information at an evening on Wednesday 10th May to help skaters and their parents get their heads around the intricacies of the new system.

Under the old system marks could not be compared from one grade to another, and skaters were placed according to judges preferences. The new system aims to compare skaters to set standards, and should produce marks which can be compared. Marks are given for the difficulty of each element, and how well a skater performs them. A skater also receives a mark for programme components which relates to the performance as a whole.

Those who were at the meeting were given illustrations on video and also on paper as to how this should work.

The next appearance of this system will be at South Islands and hopefully we will be more familiar with it. Thank you to Sandra for spending the time to explain the system.

Of Rain and Sausages, lest we forget....

The club is always seeking opportunities to fundraise and thanks to Newall Campbell, we have managed the first sausage sizzle.

This was on the afternoon of Anzac Day at Bunnings when several brave souls manned the barbeque and sales table. The rain did not let up, the wind blew, Daniel and Cath O'Neill and Newall turned sausages and onions for the crowds who arrived. The obnoxious conditions did enhance appetites luckily and more than 500 sausages were dealt to.

Jahnim Campbell acted as the gofer while Lyn and Jacqui de Vries also did sterling service assembling the product. Dorothy Brown and Jill Richdale kept the bread coming and the money collected while Elizabeth O'Neill made a quick trip to supplement bread supplies.

Eventually the crowds and the rain thinned, and the team packed up, smelling strongly of grease and sausage. \$300 profit was made.

Thank you very much to those who worked on the clubs behalf. We hope that we will get more warning of future events so that the work can be shared among more club members.

AUCKLAND SEMINAR WITH VICTOR KUDRIAVTSEV

In April a few skaters from our club participated with a number of Auckland skaters in a seminar at the Botany Downs rink in Auckland. This Seminar was arranged by the North Island Sub Association, who invited Victor Kudriavtsev from Russia (Coach of a number of Olympic and world champions) to run a seminar for skaters here in NZ. The seminar ran for 2 weeks, but our Centaurus skaters only stayed for one.

Our trip started with our skaters heading off to Auckland. Our flight was very amusing, as one of our skaters, who had never flown before was finding it very hard to keep her excitement to herself, which kept our not so keen flyer very occupied.

The seminar started early Monday morning. Skaters had been divided into 3 groups, Novice-Senior, Pre-primary-Intermediate and Elementary to Juvenile. Each were allocated times in the day for on and off ice practices. Each group's session was one hour long.

As Victor's English was pretty much non-existent apart from the odd word, our resident Russian and Ukrainian coaches were on the ice, ready to translate.

Skaters were taken back to basics, posture, straightness of arms, and edges. The skaters appreciated the fine-tuning. Spins were added for balance and posture purposes, jumps were also worked on, especially entry and exit.

Off ice was separated into 2 groups. Victor focussed on strength, posture and flexibility. Our skaters found this off ice very intense, and there were a few wobbly legs and sore arm muscles at the end of each session. But some skaters still seemed to have enough energy to go shopping even so!!

There was so much knowledge that Victor had to offer, but so little time. Our skaters only had a week to learn as much as they could. Hopefully they will remember what they have learnt and put it to practise during their skating days. Lets hope that all was not lost with one little skater's excitement of boarding a plane for the second time in her life for her flight home!!

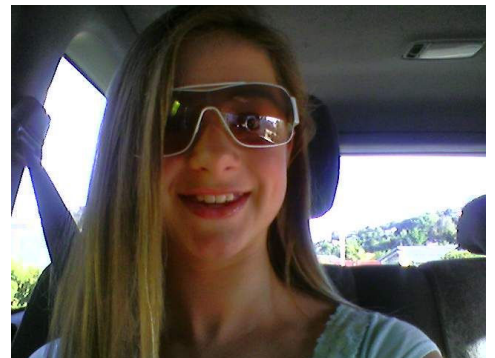
As a parent, I would like to acknowledge the Auckland skaters, parents and coach's friendliness. I was most impressed on how the Auckland skaters made our guys feel really welcome, and how social everyone was. It was a great experience for the skaters, and enjoyed by all.

Trena Waugh

SKATER PROFILE

Name: Annika Matravers
Age: 13
School: St Andrews College
Hobbies: Figure skating, ice hockey and tennis

Annika first took up skating in 1999 after watching her brothers take up ice hockey as their sport. Annika didn't follow in her older brothers foot steps of playing ice hockey; instead she took up figure skating and loved it. Annika now competes in Figure skating and plays women's ice hockey, each one building skills she uses in both sports.



Annika has just moved into the Intermediate Ladies grade after finishing off a good season last year in Primary Ladies, she is hoping to be just as competitive in her up and coming competition with the first one being CISC Club Champs early July.

Annika loves to skate and succeed by reaching her personal goals. Some of Annika's biggest achievements have been winning a South Island title and also just recently being nominated to skate in the NZISA Selection Competition, to be considered to Represent NZ in the Australian National Champs.

Annika's goal for 2006 is to be a strong competitor in her competitions she competes in this year and is hoping to gain a place at the Nationals Champs in Auckland later in the year. She also hopes to represent NZ in Australia in the near future.

Centaurus Ice Skating Club (Inc)
PO Box 30041
Christchurch

**2006 CENTAURUS ICE SKATING CLUB
FIGURE SKATING CHAMPIONSHIPS**

EVENT SPONSORSHIP AGREEMENT

**VENUE: ALPINE ICE SPORTS CENTRE
405 BROUGHAM STREET
CHRISTCHURCH**

DATE: 1st/2nd July, 2006

I/We agree to pay the sum of \$50.00 (fifty dollars) for sponsorship of an event in the above championships.

In return for sponsorship the Centaurus Ice Skating Club agrees that:

1. You will have naming rights to an event e.g.
<Your name> - Junior Ladies Freeskating
2. This will be shown in the programme as such and will be used in announcements over the public address system.
3. You will receive two complimentary passes to attend the championships.
4. You will have the opportunity to present the trophy for the sponsored event.
5. You will have the opportunity to be involved in a healthy exciting sport.

(N.B. Barrier Advertising may be available by negotiation.)

AGREEMENT

Name:	Contact Person:
Address:	Contact Phone No:
Phone No:	
Signature:	Date:
Receipt Required (Yes/No):	